

**ABOUT THE TEST**

**SCHEDULED DATE** \_\_\_\_\_

This is a study that measures and records the amount and severity of stomach contents backing up into the esophagus and can detect if the content of the reflux is acidic or non-acidic. This study will help the physician to evaluate the number of reflux events, the acid content of each event, as well as how long each event lasted.

**PREPARATION FOR THE TEST**

- Do not eat or drink 6 hours before your scheduled appointment.
- You may take necessary medications with a small sip of water up to 2 hours before your study.
- Please stop the following medications prior to the study:

<b>7 DAYS BEFORE EGD</b>	<b>48 HOURS BEFORE EGD</b>	<b>24 HOURS BEFORE EGD</b>
Nexium (esomeprazole) Aciphex (rabeprazole) Prilosec (omeprazole) Prevacid (lansoprazole) Protonix (pantoprazole) Dexilant, Zegerid, Kapidex	Zantac (ranitidine) Carafate (sucralfate) Pepcid (famotidine) Reglan (metoclopramide) Tagamet (cimetidine)	Stop any over the counter antacids such as TUMS or Rolaids.

**WHAT TO EXPECT DURING THE TEST**

This study will be performed in the clinic by a Registered Nurse (RN). It involves inserting a very small, flexible catheter through your nostril and placing it in the lower part of the esophagus. The catheter will be secured to your nose with tape and the external end will be attached to a small recording device. You will wear the device during the entire 24 hour period and will not interfere with eating, drinking, or breathing. No sedation is used for the placement of the catheter. Please do not shower during the 24 hour period, the recorder must not get wet. You will be instructed on how to operate the recorder and you will be asked to keep a diary.

**AFTER THE TEST**

After 24 hours, you will return to have the catheter removed by the RN. Once that data has been downloaded, your physician will analyze and interpret the results. You will discuss your results at your next consult visit.