

EGD WITH BRAVO PH MONITORING

ABOUT THE TEST

SCHEDULED EGD DATE _____

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An EGD is also called an upper endoscopy. It is done with a narrow, flexible tube that has a camera and lights on the end. It is inserted through your mouth into the upper digestive tract. It allows your doctor to look into your esophagus, stomach, and in most cases part of the small intestine called the duodenum. The doctor will attach a BRAVO pH monitoring device to the lining of your esophagus during the test to see how much acid is in your lower esophagus. This test helps your doctor make plans for treatment if needed.

WHAT TO EXPECT

During the EGD, your physician will place a Bravo reflux capsule into your esophagus using a delivery device. The test involves a miniature pH capsule, approximately the size of a gel cap, which is temporarily attached to the wall of your esophagus.

Throughout the test period, the Bravo reflux capsule will measure the pH in your esophagus and transmit this information to the Bravo reflux recorder, worn around your neck. Once the Bravo reflux capsule has been placed and you have been instructed how to use the Bravo reflux recorder, you can go about your normal activities.

Once the test has been completed after 48 hours, the recorder will shut off and you will return the recorder to the front desk at the main hospital so that your test data can be downloaded for analysis. The information will be analyzed by your physician to diagnose your condition. The Bravo reflux capsule will eventually slough off your esophagus and pass through your digestive tract and be expelled during a bowel movement, which may take up to two weeks. The capsule may be flushed down the toilet.

PREPARATION FOR THE TEST

- Nothing to eat or drink after midnight before your test
- There is no need to stop taking aspirin or NSAIDS before your test
- Please stop the following acid reducing medications prior to your test
- **To reduce the risk of bleeding during or after your procedure, we ask that you stop any of the listed anti-clotting medications with the following timeline. Please inform your prescribing doctor:**

7 DAYS BEFORE EGD	5 DAYS BEFORE EGD	3 DAYS BEFORE EGD	48 HOURS BEFORE EGD	24 HOURS BEFORE EGD
Nexium (esomeprazole) Aciphex (rabeprazole) Prilosec (omeprazole) Prevacid (lansoprazole) Protonix (pantoprazole) Dexilant, Zegerid, Kapindex	Coumadin (warfarin) Plavix (clopidogrel) Brilanta (ticagrelor)	Eliquis (apizaban) Pradaxa (dabigtran) Xarelto (rivavoxban)	Zantac (ranitidine) Carafate (sucralfate) Pepcid (famotidine) Reglan (metoclopramide) Tagamet (cimetidine)	Stop any over the counter antacids such as TUMS or Roloids.

Date instructed to stop reflux medications: _____

Date instructed to stop blood thinners medications: _____

Visit www.nwdigestive.com to view a Bravo pH video presentation under Patient Education

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THE MORNING OF YOUR TEST

Plan to arrive at the arrival time given to you by the Pre-Op Clinic, so the staff can get you ready. Expect to be here 2 to 4 hours for your test and recovery time.

If your driver leaves the facility during the test, we will need a phone number where he or she can be reached. Your driver needs to be within 30 minutes of the endoscopy unit.

DURING THE TEST

- After you have registered you will change into a hospital gown.
- A nurse will review your medicine list, allergies, and medical history.
- An intravenous (IV) line will be placed to give you medicine during the test.
- You will be given a consent form to read over. The doctor will talk to you and go over the consent form. Ask any questions you have about the test before you sign the form.
- When the nurse has you ready, you will be taken to a private room where your test will be done.
- You will be given medicines in your IV to help you relax. You will likely rest on your left side.
- Your throat may be sprayed with a numbing medicine.
- The doctor will pass the tube through your mouth into your esophagus, stomach and duodenum. The Bravo capsule will be placed during this time.

AFTER THE TEST

- You will be taken to a recovery area.
- You will then change back into your clothes.
- The doctor will speak with you and your family member before you leave.
- Plan to take the day off work and rest at home after the test.
- The medicine given during the test can cause you to have memory changes and impair your judgement. Do not drive a motorized vehicle or operate heavy machinery. Do not sign any papers or make any legal decisions.
- You must keep your receiver within 3 feet of you at all times during the 48 hours testing period.

YOUR PROCEDURE LOCATION IS:

NORTHWEST SPECIALTY HOSPITAL

1593 E. POLSTON AVE

POST FALLS, ID

83854